**MAYA ANGELOU BREAKFAST**

**OCTOBER 2019**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 1  TURKEY SAUSAGE BISCUITS (2OZ) HARD BOILED EGG 100% ORANGE JUICE HONEYDEW MILK,1% Lowfat MILK,Skim | 2  FRENCH TOAST BANANAS SYRUP,PANCAKE MILK,1% Lowfat MILK,Skim | 3  TURKEY SAUSAGE HOME FRIES (AM) ROLLS APPLESAUCE MILK,1% Lowfat MILK,Skim | 4  WAFFLES FRIED EGGS FRIED APPLES W/GRANOLA PEARS MILK,1% Lowfat MILK,Skim |
| 7  COFFEE CAKE MUFFINS APPLES MILK,1% Lowfat MILK,Skim | 8  PANCAKES 100% ORANGE JUICE HONEYDEW MILK,1% Lowfat MILK,Skim | 9  EGG SANDWICH BANANAS MILK,1% Lowfat MILK,Skim | 10  HASHBROWNS TURKEY SAUSAGE APPLESAUCE ROLLS MILK,1% Lowfat MILK,Skim | 11  CEREAL,VARIETY YOGURT PEARS MILK,1% Lowfat MILK,Skim |
| 14  NO SCHOOL TODAY | 15  WAFFLES TURKEY SAUSAGE 100% ORANGE JUICE HONEYDEW MILK,1% Lowfat MILK,Skim | 16  EGG & CHEESE SANDWICH BANANAS SYRUP,PANCAKE BUTTER JELLY MILK,1% Lowfat MILK,Skim | 17  OATMEAL w/DRIED RAISINS APPLESAUCE MILK,1% Lowfat MILK,Skim | 18  BAGELS PEARS CREAM CHEESE JELLY MILK,1% Lowfat MILK,Skim |
| 21  APPLE CINNAMON MUFFINS APPLES CHEESE CUBES MILK,1% Lowfat MILK,Skim | 22  EGG & CHEESE FRITTATA 100% ORANGE JUICE HONEYDEW ROLLS MILK,1% Lowfat MILK,Skim | 23  TURKEY SAUSAGE ENGLISH MUFFIN BANANAS MILK,1% Lowfat MILK,Skim | 24  WAFFLES HARD BOILED EGG APPLESAUCE MILK,1% Lowfat MILK,Skim | 25  COFFEE CAKE MUFFINS APPLES CHEESE STICK MILK,1% Lowfat MILK,Skim |
| 28  COFFEE CAKE MUFFINS APPLES CHEESE STICK MILK,1% Lowfat MILK,Skim | 29  CHICKEN TENDERS WAFFLES 100% ORANGE JUICE HONEYDEW MILK,1% Lowfat MILK,Skim | 30  FRIED EGGS TOAST,WHOLE-WHEAT BREAD BANANAS MILK,1% Lowfat MILK,Skim | 31  BREAKFAST BOWL APPLESAUCE MILK,1% Lowfat MILK,Skim |  |

Menu Subject to Change. Milk Variety (1% and Skim) Served Daily.