**MAYA ANGELOU BREAKFAST**

**OCTOBER 2019**

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| --- | --- | --- | --- | --- |
| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
|   | 1TURKEY SAUSAGEBISCUITS (2OZ)HARD BOILED EGG100% ORANGE JUICEHONEYDEWMILK,1% LowfatMILK,Skim | 2FRENCH TOASTBANANASSYRUP,PANCAKEMILK,1% LowfatMILK,Skim | 3TURKEY SAUSAGEHOME FRIES (AM)ROLLSAPPLESAUCEMILK,1% LowfatMILK,Skim | 4WAFFLESFRIED EGGSFRIED APPLES W/GRANOLAPEARSMILK,1% LowfatMILK,Skim |
| 7COFFEE CAKE MUFFINSAPPLESMILK,1% LowfatMILK,Skim | 8PANCAKES100% ORANGE JUICEHONEYDEWMILK,1% LowfatMILK,Skim | 9EGG SANDWICHBANANASMILK,1% LowfatMILK,Skim | 10HASHBROWNSTURKEY SAUSAGEAPPLESAUCEROLLSMILK,1% LowfatMILK,Skim | 11CEREAL,VARIETYYOGURTPEARSMILK,1% LowfatMILK,Skim |
| 14NO SCHOOL TODAY | 15WAFFLESTURKEY SAUSAGE100% ORANGE JUICEHONEYDEWMILK,1% LowfatMILK,Skim | 16EGG & CHEESE SANDWICHBANANASSYRUP,PANCAKEBUTTERJELLYMILK,1% LowfatMILK,Skim | 17OATMEAL w/DRIED RAISINSAPPLESAUCEMILK,1% LowfatMILK,Skim | 18BAGELSPEARSCREAM CHEESEJELLYMILK,1% LowfatMILK,Skim |
| 21APPLE CINNAMON MUFFINSAPPLESCHEESE CUBESMILK,1% LowfatMILK,Skim | 22EGG & CHEESE FRITTATA100% ORANGE JUICEHONEYDEWROLLSMILK,1% LowfatMILK,Skim | 23TURKEY SAUSAGEENGLISH MUFFINBANANASMILK,1% LowfatMILK,Skim | 24WAFFLESHARD BOILED EGGAPPLESAUCEMILK,1% LowfatMILK,Skim | 25COFFEE CAKE MUFFINSAPPLESCHEESE STICKMILK,1% LowfatMILK,Skim |
| 28COFFEE CAKE MUFFINSAPPLESCHEESE STICKMILK,1% LowfatMILK,Skim | 29CHICKEN TENDERSWAFFLES100% ORANGE JUICEHONEYDEWMILK,1% LowfatMILK,Skim | 30FRIED EGGSTOAST,WHOLE-WHEAT BREADBANANASMILK,1% LowfatMILK,Skim | 31BREAKFAST BOWLAPPLESAUCEMILK,1% LowfatMILK,Skim |   |

Menu Subject to Change. Milk Variety (1% and Skim) Served Daily.