**MAYA ANGELOU LUNCH**

**NOVEMBER 2019**

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| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
|   |   |   |   | 1BEEF HOTDOGFRENCH FRIESCHILI CON CARNECOLESLAWBANANASMILK,1% LowfatMILK,Skim |
| 4TOASTED CHEESE SANDWICHCHICKEN TENDERSBUTTERNUT SQUASH SOUPORANGESMILK,1% LowfatMILK,Skim | 5THAI CHICKEN TACOSBLACK BEANSSHREDDED LETTUCE CUP (1)PEARSMILK,1% LowfatMILK,Skim | 6LEMON ROSEMARY PEPPER CHICKENBROWN RICEKIDNEY BEANSAPPLESMILK,1% LowfatMILK,Skim | 7FLATBREAD W/CHICKENCORN & TOMATO SALSA100% ORANGE JUICEMILK,1% LowfatMILK,Skim | 8TURKEY BREAST SANDWICHSPINACH SALADCHEESE CUBESBANANASMILK,1% LowfatMILK,Skim |
| 11NO SCHOOL TODAY | 12BURRITO BOWLBLACK BEAN SALSASPRING MIX SALADCHOPPED TOMATO SALADPEARSTORTILLA WRAPSMILK,1% LowfatMILK,Skim | 13BBQ CHICKENBROWN RICEROASTED CARROTS100% ORANGE JUICEMILK,1% LowfatMILK,Skim | 14SALMON CAKESMASHED POTATOESROLLSCRANBERRY SAUCEMILK,1% LowfatMILK,Skim | 15SLOPPY JOE ON A ROLLROASTED CAULIFLOWERBANANASMILK,1% LowfatMILK,Skim |
| 18STIR FRYCHICKEN TENDERSBROWN RICEROASTED BROCCOLIROLLSORANGESMILK,1% LowfatMILK,Skim | 19CILANTRO LIME CHICKENCHOPPED TOMATO SALADTORTILLA WRAPSPEARSMILK,1% LowfatMILK,Skim | 20CURRIED CHICKENBROWN RICEKIDNEY BEANS100% ORANGE JUICEMILK,1% LowfatMILK,Skim | 21ROASTED CHICKEN LEGSMASHED POTATOESROLLSCRANBERRY SAUCEMILK,1% LowfatMILK,Skim | 22CHICKEN SANDWICHSHREDDED LETTUCE CUP BANANASMILK,1% LowfatMILK,Skim |
| 25MACARONI AND CHEESESPRING MIX SALADROLLSORANGESMILK,1% LowfatMILK,Skim | 26CHICKEN QUESADILLABLACK BEAN SALSAPEARSMILK,1% LowfatMILK,Skim | 27NO SCHOOL TODAY | 28NO SCHOOL TODAY | 29NO SCHOOL TODAY |

Menu Subject to Change. Milk Variety Served Daily (1% & Skim). 10.22.19