**MAYA ANGELOU BREAKFAST**

**NOVEMBER 2019**

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| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
|   |   |   |   | 1BREAKFAST PIZZAPEARSMILK,1% LowfatMILK,Skim |
| 4COFFEE CAKE MUFFINSAPPLESMILK,1% LowfatMILK,Skim | 5PANCAKES100% APPLE JUICETANGERINESSYRUP,PANCAKEMILK,1% LowfatMILK,Skim | 6EGG SANDWICHBANANASMILK,1% LowfatMILK,Skim | 7HASHBROWNSTURKEY SAUSAGE LINKSAPPLESAUCEROLLSMILK,1% LowfatMILK,Skim | 8CEREAL,VARIETYYOGURTPEARSMILK,1% LowfatMILK,Skim |
| 11NO SCHOOL TODAY | 12WAFFLESTURKEY SAUSAGE100% APPLE JUICETANGERINESMILK,1% LowfatMILK,Skim | 13EGG & CHEESE SANDWICHTURKEY SAUSAGEBANANASMILK,1% LowfatMILK,Skim | 14OATMEAL w/DRIED RAISINSAPPLESAUCEMILK,1% LowfatMILK,Skim | 15BAGELSCREAM CHEESEPEARSJELLYBUTTERMILK,1% LowfatMILK,Skim |
| 18APPLE CINNAMON MUFFINSAPPLESMILK,1% LowfatMILK,Skim | 19EGG & CHEESE FRITTATA100% APPLE JUICETANGERINESROLLSMILK,1% LowfatMILK,Skim | 20TURKEY SAUSAGEENGLISH MUFFINBANANASMILK,1% LowfatMILK,Skim | 21WAFFLESHARD BOILED EGGROLLSAPPLESAUCEMILK,1% LowfatMILK,Skim | 22BISCUITS (2OZ)PEARSJELLYMILK,1% LowfatMILK,Skim |
| 25PUMPKIN MUFFINSAPPLESCHEESE STICKMILK,1% LowfatMILK,Skim | 26CHICKEN TENDERSWAFFLES100% APPLE JUICETANGERINESSYRUP,PANCAKEMILK,1% LowfatMILK,Skim | 27NO SCHOOL TODAY | 28NO SCHOOL TODAY | 29NO SCHOOL TODAY |

Menu Subject to Change. Milk Variety (1% and Skim) Served Daily. 10.22.19