**MAYA ANGELOU BREAKFAST**

**NOVEMBER 2019**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  | 1  BREAKFAST PIZZA PEARS MILK,1% Lowfat MILK,Skim |
| 4  COFFEE CAKE MUFFINS APPLES MILK,1% Lowfat MILK,Skim | 5  PANCAKES 100% APPLE JUICE TANGERINES SYRUP,PANCAKE MILK,1% Lowfat MILK,Skim | 6  EGG SANDWICH BANANAS MILK,1% Lowfat MILK,Skim | 7  HASHBROWNS TURKEY SAUSAGE LINKS APPLESAUCE ROLLS MILK,1% Lowfat MILK,Skim | 8  CEREAL,VARIETY YOGURT PEARS MILK,1% Lowfat MILK,Skim |
| 11  NO SCHOOL TODAY | 12  WAFFLES TURKEY SAUSAGE 100% APPLE JUICE TANGERINES MILK,1% Lowfat MILK,Skim | 13  EGG & CHEESE SANDWICH TURKEY SAUSAGE BANANAS MILK,1% Lowfat MILK,Skim | 14  OATMEAL w/DRIED RAISINS APPLESAUCE MILK,1% Lowfat MILK,Skim | 15  BAGELS CREAM CHEESE PEARS JELLY BUTTER MILK,1% Lowfat MILK,Skim |
| 18  APPLE CINNAMON MUFFINS APPLES MILK,1% Lowfat MILK,Skim | 19  EGG & CHEESE FRITTATA 100% APPLE JUICE TANGERINES ROLLS MILK,1% Lowfat MILK,Skim | 20  TURKEY SAUSAGE ENGLISH MUFFIN BANANAS MILK,1% Lowfat MILK,Skim | 21  WAFFLES HARD BOILED EGG ROLLS APPLESAUCE MILK,1% Lowfat MILK,Skim | 22  BISCUITS (2OZ) PEARS JELLY MILK,1% Lowfat MILK,Skim |
| 25  PUMPKIN MUFFINS APPLES CHEESE STICK MILK,1% Lowfat MILK,Skim | 26  CHICKEN TENDERS WAFFLES 100% APPLE JUICE TANGERINES SYRUP,PANCAKE MILK,1% Lowfat MILK,Skim | 27  NO SCHOOL TODAY | 28  NO SCHOOL TODAY | 29  NO SCHOOL TODAY |

Menu Subject to Change. Milk Variety (1% and Skim) Served Daily. 10.22.19